

## The Theory

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- Active fever therapy
- Administration of proteolytic enzymes
- Homeopathic adjuvant therapy

Basic therapy covers the individual patient's organic characteristics which is why, in principle, it should precede any other form of therapy. If this is not possible, it should be combined with other treatment methods, including conventional ones. Basic therapy is the most important biological therapeutic measure for cancer patients because it does not destroy but builds up and can still be helpful when conventional treatment methods cannot be used or have ceased to be of use. We will look at the following steps of this basic therapy in detail:

### I Removing disruptive influences

It is logical to try and relieve the body as much as possible of all influences that have a harmful effect on the whole organism. One of the main problems for cancer patients is that their body's regulation is absent or at least severely disrupted. This can easily be demonstrated by various methods, such as thermoregulation diagnosis. All prolonged irritations, whether sites of chronic inflammation or exposure to chemical or physical substances, can trigger

or sustain this regulatory immobility. This is why the disruptive influences absolutely must be eliminated as far as possible as part of biological cancer therapy.

### a) Changing to an ideal whole-food diet

There is no such thing as a „cancer diet“. However, we now know that the wrong diet can promote carcinogenesis, that a poor supply of certain nutrients prevents the metabolism from working properly and encourages flawed development. The connections between incorrect diet and the appearance of various types of cancer have been known for decades from epidemiological, scientific studies.

We also know from these studies that a whole-food diet greatly reduces the probability of developing cancer. This kind of diet should include, in particular, a high proportion of raw fruit and vegetables because these are low in fat and high in fibre. It is essential for cancer patients that they optimize their metabolism by means of a healthy diet and keep away from everything that puts a strain on the body's detoxifying functions. People already burdened by their disease should not pile on any extra burden. Instead they should help the body to help itself.

This is why heavily salted, cured or smoked foods should be avoided at all costs. We also regard sugar, white flour products, pork and sausage as inadvisable. Since high consumption of meat, for instance, seems to correlate with an increased incidence of bowel, breast and prostate cancer, patients should eat as little meat as possible. Their diet should largely comprise maize, beans, rice, cereals and similar plant foods. These substances are rich in protein but also in protease inhibitors, which may play an important role in the cancer process. They also contain antioxidants such as vitamins A and E as well as selenium which limit the formation of toxic free radicals. One portion of meat or fish as a side-dish to a largely vegetarian meal can be eaten once a week. Since not all cancer patients can tolerate raw fruit and vegetables, cereal or dairy products, compromises may occasionally have to be made. However, it is sometimes enough to offer the patient carminative substances such as 1 or 2 drops of caraway oil. Seriously ill patients should eat a little and often. For example, the complete foods available for babies are good for them.

Changing dietary habits usually results in a marked improvement in the metabolic condition of cancer patients. The intestinal environment improves and there is a change in the gut flora. As we know, this is significant with regard to immunobiological processes involving the intestines.

#### **b) Symbiosis control**

Controlling symbiosis means improving the intestinal environment and the bacteria living there which have entered into a mutual biological relationship (symbiosis) with the human being. The gut is our greatest immune organ, although its importance to the metabolism and immune system is under-estimated time and again. Lots of diseases originate in the intestine and this is why the doctors of Ancient Egypt coined the saying „Death comes from the gut“. Controlling symbiosis without a change of diet is not very promising because the bacterial composition of our gut does depend on what we take in daily as food.

Hence a change of diet is always the prerequisite for successful symbiosis control. The aim of this control is to restore the bacterial flora of the gut to normal as quickly as possible, thereby improving the intestinal environment, the detoxifying function of the gut and the utilization of food by the gut. Intestine-dependent immunity is also enhanced.

#### **c) Removing foci**

What is a focus? It is an inflammatory process which, though often imperceptible, can exert remote effects on other organs or organ systems. If such a focus is not removed, important immune centres in our bodies can become paralysed for a long time. It is an important law of Nature that any continuous, chronic irritation will have a paralysing effect. A patient with foci will often be in a state of regulatory blockade, will hardly ever get a fever, for instance, and therefore imagines he is extremely healthy. However, any biological treatment is unlikely to prove successful until this regulatory blockade is lifted. A focal burden is very commonly present in cancer patients, in particular.

In our experience, the most important and most dangerous foci for cancer patients are undoubtedly in the teeth and tonsils. When starting treatment we therefore arrange for a pantomogram of the teeth to be taken because this provides the best overall view. Even patients with no teeth are X-rayed because we have had so many surprises in

the form of broken-off roots or impacted wisdom teeth. Any dead or root-filled tooth and any impacted wisdom tooth, but also teeth with large mucosal pockets should be regarded as potential foci and definitely extracted. Similarly we have amalgam fillings or other metal combinations removed from the mouth. Various combinations of metals in the mouth lead to micro-currents, which are seen as negligible by scientific medicine. However, given that there are important autonomic centres of the brain located above the pharyngeal fornix and these also operate with currents, we cannot simply dismiss the possibility that currents originating from various metal combinations in the mouth may be superimposed on cerebral currents and interfere with them.

As far as the tonsils are concerned, our own experience is that in adults the tonsils have usually degenerated and been subject to chronic inflammation and that many cancer patients derive great benefit from the removal of tonsils which often appear perfectly normal and uninfected. Many patients even claim to feel „reborn“ after a tonsillectomy. Scientific studies by Matzker and Güttich emphasize the importance of tonsillectomy for cancer patients.

#### **d) Treatment of residual toxicoses**

By residual toxicoses we mean the fact that many an infection that confronts us during the course of our lives is not completely cured, for instance because febrile reactions failed to develop or were suppressed by medication. We assume that some of the invading pathogens remain in the body, are stored in the system of basic regulation and cause such residual toxicoses - pathological irritants which constantly disrupt the defensive and detoxifying systems of the body. In my view, allowing febrile reactions to take place or actually inducing fever gives us a possibility of influencing such processes.

#### **e) Huneke's neural therapy to eliminate interference fields**

We learned from Huneke that any scar can be an interference field which exerts remote effects in a similar way to a focus. Consequently we ought to inject procaine or a similar local anaesthetic beneath every scar in order to block out potential interference fields. Scars resulting from dental extraction or tonsillectomy should be considered in this respect. However, myogelosis can also be an interference field and should be treated accordingly.

#### **f) Eliminating stressful environmental influences**

In our highly industrialised world we are undoubtedly exposed to a lot of chemical and physical influences from the environment. The air is polluted, our food is poisoned and we can hardly escape these influences. Nevertheless we should endeavour to avoid all harmful influences in our environment as far as possible. This relates particularly to toxins in tea, coffee, alcohol and tobacco, to medicines and X-rays which are not absolutely necessary, but also to other physical influences such as excessive exposure to the sun. In addition, we advise patients to minimize „electric smog“ by introducing demand switches into their bedrooms.

The problem of so-called „earth rays“, which we would include as physical influences, should be mentioned briefly. Opinions differ widely on the question of earth rays and no-one can tell for sure whether or not they really exist. In case of doubt, we advise our patients to move their beds to different positions if they have slept in a certain place for years and have been ill there. We will have nothing to do with devices or covers which allegedly eliminate interference. This is because patients are robbed of their money for products that are often totally ineffective, without their sleeping situation really changing.

#### **g) Eliminating stressful emotional influences**

The influences that come from the emotional or psychological sphere have a pointed significance and are usually under-estimated by the patient or, more often, are not perceived as a real problem to be taken seriously. The new research field of psychoneuroimmunology now shows that there are some connections between a flawed emotional development and its influence on our autonomic nervous system and hence the body's immunity. Very long-standing emotional influences, such as problems in childhood, dissatisfaction at work, marriage difficulties and similar concerns, can exert an enormous influence on the subconscious without our noticing. Anyone for whom life is unconsciously a burden logically has no real reason to get well. This is why emotional stresses really should be exposed and brought to the attention of patients so that they have a chance to get rid of their unhealthy effects. Patients who are unwilling to work on themselves in this area and who will only put their trust in biological or some other medicines throw away a great opportunity!

#### **II Removing secondary damage**

##### **a) Mesenchymal therapy**

As we have seen, the mesenchymal system or the basic system according to Pischinger plays a very important role in resisting disease. This is why we carry out a treatment which is aimed at this system of basic regulation. This is done with specific medicines which we might expect to have a positive effect on the mesenchyma.

##### **b) Enzyme supplementation**

Time and again we find that our cancer patients complain of symptoms of digestive insufficiency, e.g. meteorism, pressure and fullness in the epigastrium. In these cases we recommend administering digestive enzymes. The pharmaceutical industry offers a wide variety of these. Patients should also take herbal remedies that stimulate the body's production of enzymes, which normalize bowel function and increase the patient's appetite.

##### **c) Supplementation of important minerals, trace elements and vitamins**

As mentioned, our diet contains a large amount of environmental toxins but also substances which are only converted into poisons once inside our bodies, e.g. nitrosamines. This is why, in principle, we give our patients protective vitamins such as vitamin C, vitamin A, vitamin E, as well as B vitamins and the trace elements selenium, zinc and magnesium.

The so-called „free radicals“, which form as a result of many chemical reactions in the body, but which also damage the body's cells when exposed to radiation, can be rendered harmless with the aid of these protective substances. Patients who require radiotherapy or chemotherapy can greatly benefit from this therapy if they use these protectants specifically during their conventional therapy and under medical supervision. Unfortunately, very many doctors in hospitals and general practice are still totally unaware of current research findings about substances that protect against free radicals and therefore reject them out of sheer ignorance, to the detriment of their patients. A doctor who says to a patient, „I don't think much of that“, simply reveals that he knows nothing about the subject.

**d) Drainage treatment methods to promote detoxification**

Promoting detoxification is a key aspect of basic therapy. There are a number of options, but the doctor's choice must be based on the individual case of disease. As the simplest methods, saunas, Schlenz baths, taking lime-blossom tea or herbal and homeopathic remedies to stimulate detoxification via the liver, kidneys, skin and mucosa have proved effective. However, a wide variety of skin-irritating techniques (cupping, cantharidal or blistering paper, etc.) can be used, depending on the patient's constitution.

**e) Schliephake's auto-hormone therapy (AHT)**

By auto-hormone therapy we mean shocking the autonomic centres of the brain with short waves. The purpose of this therapy is to stimulate these autonomic centres so that they function normally again because they often appear to be impaired in their functioning.

**III Removing the cancerous environment and the reaction blockade**

**a) Ozone therapy - HOT - Oxygen multi-step therapy**

Ozone therapy and HOT (haematogenic oxidation therapy) are two methods used in a complementary and alternating fashion in an attempt to improve the internal environment. It is well known that ozone reacts in the blood with certain fats, giving rise to ozone peroxides which, in cells where the function of oxidation enzymes is disturbed, take over their oxidation-catalyst role. The oxygen supply to the individual cell is thereby improved. HOT works in a similar way. Elderly patients in particular benefit from oxygen multi-step therapy (after Ardenne) which they can actually perform at home. The necessary equipment can be obtained from good medical supplies shops and the medical oxygen can be usually be bought from drinks retailers. The patients should inhale the oxygen daily for no less than 2 hours at a time and should keep mentally active while doing so and physically active at the end of the session.

**b) Active fever therapy**

Coley, Issels and others have found active fever therapy particularly effective in cancer treatment; we made the same experience. We use it to break through reaction blockade, speed up the elimination of toxins from the body and especially to stimulate the immune system generally.

Unlike passive hyperthermia, where the body or the tumour is heated up from outside by appropriate devices, active fever therapy is not so much a matter of killing tumour cells by raising the temperature: temperatures of around 43°C would have to be generated in the cancerous tissue in order to do this and it cannot be achieved by active fever therapy.

The advantage of this particular therapy, compared with passive overheating from the outside, is that a whole range of immunological phenomena are triggered which have a very positive effect on the course of the disease. In our clinic we induce fever by intravenous administration of bacterial lipopolysaccharides. We must stress, however, that this form of treatment must be performed by an experienced doctor because serious complications can arise if the relevant contraindications have been ignored.

**c) Administration of proteolytic enzymes**

All our patients receive proteolytic enzymes such as Wobe-Mugos®. We have known for several years that there are close links between inflammation, fibrinolysis, thrombolysis and metastasis formation. With the aid of these enzymes we try to break down harmful proteins produced by the tumour cell because one of the functions of these proteins is to help the cancerous cell protect itself perfectly against attack from the immune system.

**d) Homeopathic adjuvant therapy**

Therapists well-versed in homeopathy will obviously carry out homeopathic adjuvant therapy, depending on the case concerned. There is not enough space here to detail the possibilities offered by homeopathic therapy.

To summarize, the aim of basic therapy is to identify and eliminate as fully as possible the individual harmful factors affecting the patient and to restore a normal environment and normal regulation. This process must form the basis for any kind of cancer treatment and can easily be combined with conventional cancer therapy, thereby reinforcing its positive effects and lessening its negative effects.